

Appetizers

Soup of the Day – Cup \$4 *Bowl* \$7.50

Fries \$4.50

Buffalo Chicken Tenders \$11.95

Calamari

Lightly Seasoned & Flash Fried
served with Marinara & Aioli Sauce \$13.95

Clams Casino

Six Fresh Clams topped with Applewood
Smoked Bacon, Peppers & Onions \$14.95

Clams or Mussels - Steamed White, Red
Sauce or Fra Diablo \$13.95

Crab Cake

99% Lump Crab baked golden brown &
served with our House-made Mango
Remoulade \$16.95

Carmen's Figs

California Figs topped w/a Triple Cream
Brie Cheese, Candied Pecans and a drop of
Balsamic Reduction. Served w/Melon
wrapped in Prosciutto \$15.95

House Made Guacamole (in season)

Served with Fresh Tortilla's \$11.95

Bruschetta

Tomato, Garlic, Fresh Basil, Olive Oil &
Onions Served with Toast Points \$10.95

Hummus

With Diced Cucumbers, Tomatoes, Onions
& Kalamata Olives Served w/Pita Points
\$10.95

Crab Mac & Cheese

Lobster baked into a Creamy Mac and
Cheese \$20.95

Fresh Mozzarella

Wrapped in Prosciutto and garnished with
Tomato, Garlic & Basil \$14.95

Beef Carpaccio

Thinly sliced Filet with Extra Virgin Olive
Oil, Mushroom Salad, Fried Capers and a
touch of Aged Balsamic \$14.95

Calamari and Shrimp

Fried & tossed with Cherry Peppers,
Tomatoes & Garlic \$18.95

Fresh Salads

Traditional Caesar

Romaine Lettuce, Shredded Parmesan
Cheese, tossed with our House-Made
Caesar Dressing & Croutons

half \$6.95 *full* \$11.95

The Wedge

Iceberg Lettuce covered in hot Applewood
Smoked Bacon, Diced Tomatoes & our
House-Made Bleu Cheese Dressing

half \$7.95 *full* \$12.95

Spring Salad

Fresh Spinach served with Mushrooms,
Strawberries, Glased Pecans and Goat
cheese with House Made Citrus Dressing

half \$9.95 *full* \$15.95

Roasted Beet Salad

Freshly Roasted Beets, tossed w/a Mix of
Fresh Lettuce, Onions, Diced Tomato, Bleu
Cheese & Walnuts, dressed w/our Citrus

Vinaigrette *full* \$16.95

House Salad

A Mix of Fresh Lettuce, Tomatoes,
Cucumbers, Onions & Kalamata Olives
tossed in a choice of Our House-Made

Dressings *half* \$6.95 *full* \$11.95

Add *Grilled Chicken* \$6.95 *or*

Grilled Shrimp \$9.95 *to any salad*

Flat Breads

Toasted Flat Bread with Caramelized
Onions, Mushrooms & Goat Cheese \$15.95

Toasted Flat Bread covered in Wild
Mushrooms & Cheese \$15.95

Toasted Flat Bread Layered with Tomato &
Mozzarella, Basil & Garlic \$15.95

Dinner Entrees

Pan Seared Scallops - Served with Wild
Mushroom Risotto, Asparagus, Garnished
with Garlic and Chive Oil \$33.95

Baked Salmon – Fresh Baked Salmon in a
light White Wine & Lemon

Sauce served over a bed of Sautéed
Spinach w/Vegetable & Potato du jour
\$27.95

The Famous Crab Cakes

99% Lump Crabmeat, Lightly Baked, served
with a Mango Remoulade, Vegetable &
Potato du jour \$36.95

Filet Mignon

Grilled Filet topped with Sautéed Wild
Mushrooms & Caramelized Onions served
with Vegetable & Potato du jour \$33.95

Add Crumbled Blue Cheese \$2

New York Neptune

Grilled Filet Mignon, topped with Sautéed
Crab, Shrimp and Asparagus Tips, served
with Potato du jour \$39.95

Chicken Mediterranean

Artichokes, Kalamata Olives, Capers,
Roasted Red Peppers & Feta Cheese
topped with a Lemon Butter Sauce over

Potato du jour

Chicken \$26.95

Shrimp Risotto - Sautéed Jumbo Shrimp, Fresh Diced Asparagus & Tomatoes over Roasted Garlic Risotto \$31.95

Chicken and Shrimp - Sautéed Succulent Shrimp and Tender Chicken in a White Wine, Sun Dried Tomato Cream Sauce served with Vegetable & Potato du jour \$30.95

Blackened Tuna - Topped w/Tomato, Garlic, Basil & Feta w/Vegetable & Potato du jour \$31.95

Carmen's Catch - Shrimp, Scallops, Clams Casino, Lump Crab & Fresh Salmon Baked with Lemon, Garlic & White Wine, served with Vegetable & Potato du jour \$36.95

Carmen's Half Pound Burger

Char Broiled all Beef served w/Lettuce, Tomato, Onion, Pickle and Fries, plain or with your choice of cheese \$12.95

Veal Carmen - Veal Milanese topped with Prosciutto, Fresh Mozzarella, Roasted Red Peppers and a Demi Marsala Sauce served with Veg & Potato du jour \$32.95

Pasta

Penne Marinara

Fresh Tomato, Mozzarella & Basil tossed with Marinara Sauce \$19.95

Penne ala Vodka

Fresh Tomato, Prosciutto, tossed in a Blush Sauce infused with Vodka topped with fresh Basil \$24.95

With **Shrimp** add \$9.95, **Chicken** add \$6.95

Ossobuco Ravioli - Slow Braised Veal Ravioli, Jumbo Shrimp, in a Mushroom, Tomato, Marsala Cream Sauce garnished with Fried Prosciutto \$33.95

Linguini with Clams - Sautéed Baby Clams in Garlic, Roasted Red Peppers & White Wine Sauce, served over Linguini

Mild or with a **Kick** \$23.95

The Ocean - Local Clams, Mussels, Shrimp, Crab, Scallops, Calamari & Snow Crab in a light Tomato Broth, over Linguini

Mild or with a **Kick** \$36.95

Vegetarian and Vegan

Ask about our daily selections

Kids Menu

Cheesy Mac and Cheese \$11.95

Ravioli or Linguini with Butter, Marinara or Alfredo \$11.95

Chicken Tenders w/French Fries \$11.95

Cheese Burger w/French Fries \$11.95

Mozzarella Sticks w/French Fries \$11.95

Mozzarella Sticks and Chicken Tenders w/French Fries \$11.95

Sides

Broccoli Rabe, Sautéed Spinach, Roasted Garlic or Mushroom Risotto \$6.95

Soup – Quart: \$16.00

Marinara – Quart: \$15.00

Guacamole, Bruschetta or Hummus

Pints: \$14.00

2016 R7

Free Delivery To

The Beach, Boat or House

Delivery Area
Holgate, Beach Haven, North Beach
Haven and Haven Beach Only



www.carmenslbi.com

122 North Bay Ave
Beach Haven, NJ 08008
609-848-9650

Take Out Menu

Serving

Dinner at 4:00pm

Daily Sunset Menu Available
4:00 to 5:45

Beach Casual Dining

Reservations Recommended

Credit Cards Accepted

Let us **CATER** your special event
On or off site

Weddings, Rehearsal Dinners, Pig
Roast, Private Parties, Etc.