

Appetizers

New England Clam – Cup \$6 Bowl \$9.50

Fries \$4.50

Buffalo Chicken Tenders \$14.95

Calamari

Lightly Seasoned & Flash Fried served with Marinara & Aioli Sauce \$14.95

Calamari & Rock Shrimp

Lightly Seasoned and Flash Fried & tossed with Cherry Peppers, Diced Tomatoes & Garlic Oil \$18.95

Clams or Mussels - Steamed White, Red Sauce or Fra Diablo \$14.95

Crab Cake

99% Lump Crab baked golden brown & served with our House-made Mango Remoulade \$16.95

Carmen's Figs

California Figs topped with Triple Cream Brie Cheese, Candied Pecans and a drop of Balsamic Reduction. Served w/Mango wrapped in Prosciutto \$16.95

Lobster Mac & Cheese

Lobster baked into a Creamy Mac and Cheese, Topped with toasted Bread Crumbs \$20.95

Burrata

Burrata Cheese wrapped in Prosciutto over an Heirloom Tomato, Red Onion, Arugula Salad \$15.95

House Made Meatballs

Served w/Ricotta Cheese & Marinara \$14.95

Fresh Salads

Traditional Caesar

Romaine Lettuce, Shredded Parmesan Cheese, tossed with our House-Made Caesar Dressing & Croutons

half \$7.95 full \$11.95

The Wedge

Iceberg Lettuce covered in hot Applewood Smoked Bacon, Diced Tomatoes & our House-Made Bleu Cheese Dressing \$13.95

Warm Goat Cheese

Spring Mix with Kalamata Olives, Red Onion, Tomatoes, Candied Pecans and Panko Encrusted Fried Goat Cheese \$16.95

Roasted Beet Salad

Freshly Roasted Beets, tossed w/a Mix of Fresh Lettuce, Onions, Diced Tomato, Bleu Cheese & Walnuts, dressed w/our Citrus Vinaigrette \$16.95

House Salad

A Mix of Fresh Lettuce, Tomatoes, Cucumbers, Onions & Kalamata Olives tossed in a choice of Our House-Made Dressings *half \$7.95 full \$11.95*

Add *Grilled Chicken \$6.95 or*

Grilled Shrimp \$9.95 to any salad

Dinner Entrees

Pan Seared Scallops - Served with Wild Mushroom Risotto and Sautéed Spinach \$35.95

Lobster Tails

Twin 5 oz Lobster Tails with Drawn Butter Served with Asparagus and Potato \$41.95

Chicken and Crab

Sautéed Chicken, Mushrooms, Asparagus and Crab in a Cream Sauce \$36.95

Baked Salmon – Fresh Baked Salmon

Topped with a Beurre Blanc Sauce served over a bed of sautéed Spinach with Vegetable & Potato du jour \$29.95

The Famous Crab Cakes

99% Lump Crabmeat, Lightly Baked, served with a Mango Remoulade, Vegetable & Potato du jour \$37.95

New York Strip

Grilled New York Strip 14oz., topped with Sautéed Wild Mushrooms & Caramelized Onions served with Vegetable & Potato du jour \$39.95

New York Neptune

Grilled Filet Mignon, topped with Sautéed Crab, Shrimp and Asparagus Tips, served with Potato du jour \$44.95

Shrimp Risotto

Sautéed Jumbo Shrimp, Fresh Diced Asparagus & Tomatoes over Roasted Garlic Risotto \$34.95

Tuna

Blackened or Seared Served with a Vegetable Slaw, Specialty Sauces over Potato du jour- \$32.95

Grouper

Topped with a Tomato, Caper, White Wine & Lemon Sauce over Linguini \$35.95

Panko Encrusted Chicken

Served with Sautéed Fresh Tomatoes, Spinach, Garlic, Olive Oil and Basil over Potato du jour \$29.95

Veal Carmen

Breaded Veal topped with Prosciutto, Fresh Mozzarella, Roasted Red Peppers, Marsala Sauce, Veg & Potato - \$33.95

Pasta

Penne Vodka

Fresh Tomato, Prosciutto, tossed in a Blush Sauce infused with Vodka topped with fresh Basil \$25.95

With *Shrimp* add \$9.95, *Chicken* add \$6.95

Ossobucco Ravioli

Slow Braised Veal Ravioli, Jumbo Shrimp, in a Mushroom, Tomato, Marsala Cream Sauce garnished with Fried Prosciutto \$35.95

Linguini with Clams

Sautéed Baby Clams in Garlic, Roasted Red Peppers & White Wine Sauce, served over Linguini *Mild* or with a *Kick* \$25.95

The Ocean

Local Clams, Mussels, Shrimp, Scallops & Lobster Tail in a light Tomato Broth, over Linguini *Mild* or with a *Kick* \$38.95

Lobster Ravioli

Ravioli Stuffed with Succulent Lobster Meat, Served with Shrimp, Mushroom, Asparagus, Tomato in a Sherry Cream Sauce - \$36.95

Vegetarian and Vegan

Vegetarian Ravioli

Topped with Sautéed Vegetables and your choice of Sauce. (Marinara, Pesto, Vodka or Alfredo) \$27.95

Sweet Potato Gnocchi Bolognese

Sautéed Lentils, Carrots, Onions, Mushrooms, Tomatoes, Garlic and Rosemary \$26.95

Kids Menu

Cheesy Mac and Cheese \$14.95

Ravioli or Linguini with Butter, Marinara or Alfredo \$14.95

Chicken Tenders w/French Fries \$14.95

Cheese Burger w/French Fries \$14.95

Mozzarella Sticks w/French Fries \$14.95

Mozzarella Sticks and Chicken Tenders w/French Fries \$14.95

Sides

Broccoli Rabe, Sautéed Spinach, Roasted Garlic or Mushroom Risotto \$7.95

Soup – Quart: \$16.00

Marinara – Quart: \$15.00



Lobster Bake

Starting at \$95

48 Hour Pre Order Required

Free Delivery To
The Beach, Boat or House

Delivery Area:

Holgate, Beach Haven, North Beach
Haven and Haven Beach Only



www.carmenslbi.com

122 North Bay Ave
Beach Haven, NJ 08008
609-848-9650

Take Out Menu

Serving

Dinner at 4:00pm

Daily Early Bird Menu Available
4:00 to 5:30

Beach Casual Dining
Reservations Recommended
Credit Cards Accepted

Let us **CATER** your special event
On or off site

2019